

THE QUARTERLY CONNECTION

Quarterly Report from Pharma-Care, Inc., Health Care Consultation Specialists

Fourth Quarter 2016

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Inhalers: Products & Information

Recent state survey results have shown a significant number of deficiencies cited regarding the use of inhalers. This is a segment of Pharma-Care, Inc.'s inservice (B205) on this topic which could be useful to staff. To obtain a copy of the full inservice, please contact your consultant pharmacist.

ANTI-CHOLINERGIC

Brand Name (Generic)

Spiriva HandiHaler

(Tiotropium)

Spiriva Respimat

(Tiotropium)

Mechanism of Action

- prevent bronchoconstriction by blocking muscarinic cholinergic receptors in the airways
- exhibit greater activity on bronchial smooth muscle with minimal systemic effects
- generally indicated for maintenance therapy

Administration & precautions

- *Spiriva Handihaler* is inhaled once daily. To ensure resident gets the full dose, they should breathe out completely and inhale once again from the same capsule.
- *Spiriva Respimat* – date when opened; discard after 90 days

COMBINATION (beta-agonist + corticosteroid)

Brand Name (Generic)

Advair Diskus

(Fluticasone & Salmeterol)

Advair HFA

(Fluticasone & Salmeterol)

Dulera

(Mometasone & Formoterol)

Symbicort

(Budesonide & Formoterol)

Breo Ellipta

(Fluticasone & Vilanterol)

Mechanism of Action

- see individual descriptions

Administration & precautions

- *Advair Diskus*: discard 30 days after opening; dose every 12 hours; rinse mouth after use & spit
- *Advair HFA*: Shake well prior to use; dose every 12 hours; rinse mouth & spit
- *Dulera*: Shake well; dose every 12 hours; rinse mouth & spit
- *Symbicort*: Shake well prior to use; dose every 12 hours; rinse mouth & spit
- *Breo Ellipta* is indicated for COPD and asthma; administer once daily; rinse mouth after use & spit

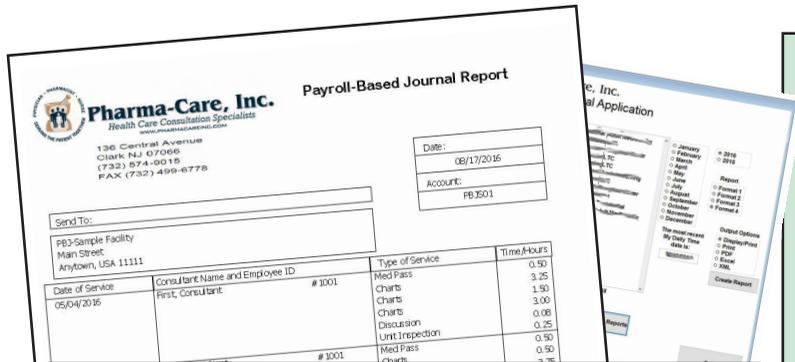
Management Positions Announced

Pharma-Care, Inc. is pleased to congratulate Deb Caylor (left) and Letitia Winnegrad (right) on their appointment to the newly developed positions of Assistant Director of Operations. Both are long-time company employees with over 32 years of service between them. They bring in-depth knowledge of the needs of our clients and of the healthcare industry in general. Jean Abdou and Pat Cafone, Directors of Operations, will be working with them over the next several months as they incorporate their new responsibilities.



Pharma-Care, Inc.
Health Care Consultation Specialists
WWW.PHARMACAREINC.COM





In our ongoing effort to meet the needs of our client facilities, Pharma-Care, Inc. has developed a special program that will provide detailed information regarding our monthly hours for *Payroll-Based Journal* (PBJ) purposes.

Included with your monthly invoices will be our special Payroll-Based Journal Report. A printed version of the report will be available in one of four different formats. A PDF file will also be available via email. Additionally, we have the ability to supply Excel or XML files.

Pharma-Care has been informed that our time is considered "direct patient care." In the future, we can report the time as *employee I.D. number* and *total hours by date* without the task breakdown if you would prefer a simplified report.

"Mock Survey" & Regulatory Compliance Service Available

Do you know about Pharma-Care, Inc.'s service that offers mock surveys and regulatory compliance review of long-term care facilities through the eyes of a retired state surveyor?

Pat Pesonen offers the benefit of her many years of experience and knowledge in all aspects of the survey process. For ten years, Pat was a team leader for 37 facilities completing all surveys within a mandated 12 month average, completing revisits for all G level deficient facilities, immediate jeopardy, and substandard surveys.

In addition to her years as a state surveyor, she has worked as an assistant administrator, regional manager overseeing the operations of multiple facilities, and director of nursing.

Pat is now available to guide facilities through the survey process. She will perform a complete mock survey with an emphasis on record review and documentation, however, surveys can be tailored to specific needs as well. These reviews are in addition to the standard "pharmacy mock survey" of med pass observations and unit inspections already provided by PCI to clients.

To enlist her services or for further information, contact Jean Abdou at (732) 574-9015 ext. 284 or email: jabdou@pharmacareinc.com.

EPIC Corner

ELECTRONIC PHARMACIST INFORMATION CONSULTANT
(MEDICATION REVIEWS WITHIN 48 BUSINESS HOURS)

EPIC Phone: 732-943-3573

EPIC Fax: 732-574-3469 or 3926

EPIC is pleased to announce that, upon request, we are able to access both **Point Click Care** and **Sigma Care**. If your facilities are using either of these systems and desire to eliminate the faxing of requests, please contact the EPIC administrator.

The process for setup is easy. Your facility simply needs to provide us with four user names and passwords for EPIC's use. Upon receipt, EPIC will activate the accounts.

Within 48 hours of setup, your facility reviews will be performed electronically helping to save valuable nursing time and help ensure that no resident is overlooked.

EPIC continues to alert your facility to potential drug interactions, cross-reactivity, and regulatory issues. EPIC allows the pharmacist in the building more time to help resolve difficult resident's medication issues.

NJ Long-Term Care Leaders Coalition Conference



Making Wise Choices in Long-Term Care

October 6, 8 - 4:30

Crowne Plaza, Monroe Twp

\$125

For: physicians, medical directors, nurses, administrators, social workers, pharmacists, case managers, dietitians, and others involved in long-term care.

NJLTCLC.org Phone: (732) 574-9434, ext 105

5 credits for most disciplines

Welcome to Our Newest Clients

**Clifton Dialysis Center
Hillsborough Dialysis
Pennsylvania Surgery
and Laser Center**

**Pinnacle Treatment Center
Endeavor House North**

**Pinnacle Treatment Center
Endeavor House South**



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